


Monday	Tuesday	Wednesday	Thursday	Friday
	5/1 BBQ Chicken Roasted Potatoes California Vegetables Diced Peaches	5/2 Tilapia w/Lemon Sauce Rice Pilaf Green Beans Fruit Cocktail	5/3 Chicken Cacciatore Quinoa Broccoli Diced Pears	5/4 Turkey & Provolone Sandwich Carrot Raisin Salad Chips Fresh Orange
5/7 BBQ Meatballs Mashed Potatoes Steamed Corn Applesauce	5/8 Sweet N Sour Pork White Rice Cabbage Pineapple Tidbits	5/9 Chicken Caesar Salad Hard Boiled Egg Mandarin Oranges	5/10 Baked Ham Scalloped Potatoes Mixed Vegetables Cake	5/11 Tuna Salad Sandwich Hard Boiled Egg Side Green Salad Fresh Banana
5/14 Salisbury Steak Mashed Potatoes Green Peas Tropical Fruit	5/15 Italian Chicken Rice Pilaf Spinach Applesauce	5/16 Macaroni & Beef Squash Diced Pears	5/17 Turkey Noodle Casserole Broccoli Spears Diced Peaches	5/18 Chef Salad Hard Boiled Egg Fresh Orange
5/21 Swedish Meatballs Mashed Potatoes Capri Blend Vegetables Applesauce	5/22 Teriyaki Chicken Brown Rice Oriental Vegetables Mandarin Oranges	5/23 Penne Pasta w/Meat Sauce Italian Vegetables Apricot Halves	5/24 Cheese Enchiladas Spanish Rice Black Beans Tropical Fruit	5/25 Hamburger Potato Wedges Cole Slaw Fresh Pear
5/28 	5/29 BBQ Meatballs Rice Pilaf Green Peas Diced Peaches	5/30 Chicken Fried Steak Mashed Potatoes Capri Blend Vegetables Applesauce	5/31 Sweet N Sour Chicken Oriental Noodles Cabbage Pineapple Tidbits	

Milk, bread and margarine served at every meal

Menus may be subject to change

All Meals Funded By Office On Aging 1-800-510-2020

Reservations may be made at Sodexo Main Office: 951-827-3613 by 2pm the day before

Temecula 951-694-6464	Murrieta 951-461-6123	Goeske 951-351-8801	Mead Valley 951-210-1580
Villegas 951-351-6142	Lake Elsinore 951-471-3571	Rubidoux 951-369-7276	Good Hope 951-943-9126
Stratton 951-826-5355	Corona 951-736-0367	Norco 951-270-5638	UCR Extension 951-827-3613

If you have any question regarding the meal please contact Sodexo at 951-827-3613 and speak with Darla Ray. If you have any questions for Sodexo Registered Dietitian please contact Vanh Bender at Vanh@healthylivingconsulting.net.